

First Time User (FTU) Guide – Anesthesia & Analgesia Journal CME

This guide is made up of the following sections:

- Select the link to the Journal-based CME activity. **(Step 1 – 2)**
- Logging into the CME system and creating a new account. **(Steps 3 – 7)**
- Process for completing the activity. **(Steps 8 – 10)**
- Claiming the appropriate CME credit. **(Steps 11 – 13)**
- Obtaining your certificate. **(Step 14)**

1. Selecting the link for the activity will open an internet browser tab presenting the OA360-CME system.

The “Overview Page” for the activity you selected will be displayed.



Open Anesthesia 360
CONTINUING MEDICAL EDUCATION

Help | Sign Out

IARS

My CME | Claim Credit

Accredited for: CME / ABA MOC

Appropriate Duration of Perioperative Intravenous Administration of Lidocaine to Provide Satisfactory Analgesia for Adult Patients Undergoing Colorectal Surgery: A Meta-Analysis of Randomized Controlled Trials

Released: 2/17/2023 | Expires: 2/16/2026 | Earn up to 1.0 Credit / Point

Target Audience
This activity is designed for anesthesiologists, anesthesiologists-in-training, anesthesia investigators, and allied health professionals who conduct research, practice, or intend to practice in any area of general anesthesia, subspecialty anesthesia, or pain management.

Learning Objectives
After having completed this activity, you will be able to appropriately use intravenous lidocaine to provide postoperative pain relief following abdominal surgery.

Disclosures
The IARS makes every effort to develop CME activities that are independent, objective, scientifically balanced presentations of information. The IARS has implemented mechanisms requiring everyone in a position to control content to disclose all relevant financial relationships with commercial interests. Disclosure of any or no relationships is made available in advance of all educational activities.

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I, the presenter, speaker, and/or user in a position to control content of this activity have disclosed the relevant financial relationships and have no conflicts of interest.

Disclaimer
The information provided in this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

Commercial Support
No commercial support has been received for this activity.

Accreditation Statement
The International Anesthesia Research Society is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement
The IARS designates this Journal-based CME Activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Maintenance Of Certification in Anesthesiology (MOCA®)
This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements.

Claiming Credit
After having completed the activity and its associated evaluations, you will need to claim credit by selecting the AMA PRA Category 1 Credit™ option. You will also have the opportunity to claim MOCA points. For physicians who select the MOCA option, this information will be transmitted automatically to the ACCME for verification of MOC points with the ABA.

Continue

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2. Please scroll through and review this information.

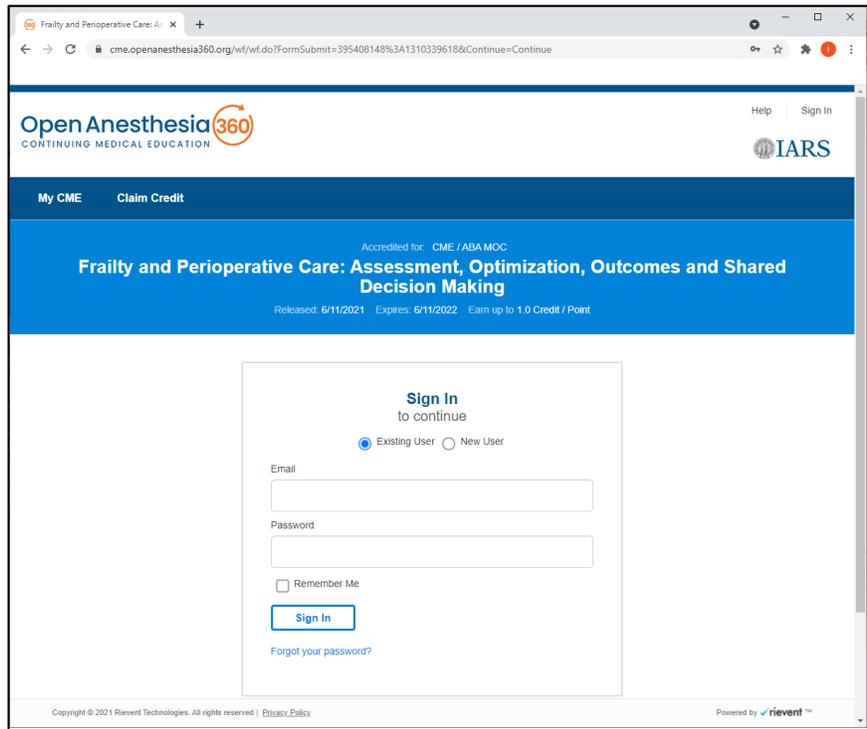
When you are finished, select the “Continue” button at the bottom of the page.

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- The “Sign In Page” will display.

Enter your credentials to sign into your account.

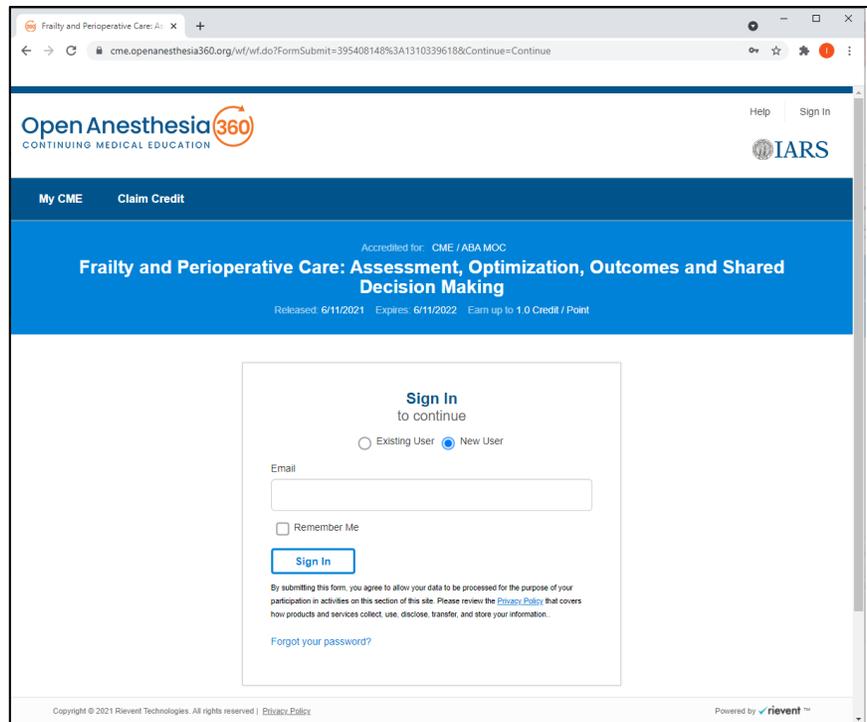
If you do not yet have an account for the OA360-CME system, please select the “New User” option to set up an account with OA360-CME. **Please note:** If you have previously completed CME activity on IARS360, you will still need to create an account on OA360-CME.



- Enter the email address you would like associated with your OA360-CME account.

This will also be your Username.

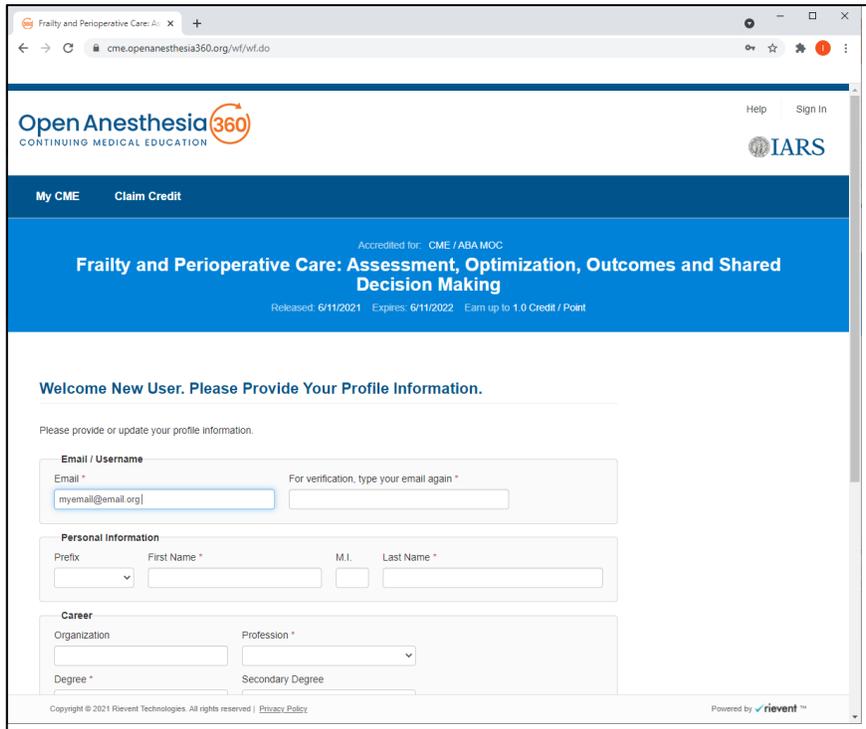
Select “Sign In” to continue.



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- The “Profile Page” will appear with the “Email/Username” you entered on the “Sign In Page.”

Please reenter your email for verification.



Frailty and Perioperative Care: Assessment, Optimization, Outcomes and Shared Decision Making

Accredited for: CME / ABA MOC

Released: 6/11/2021 Expires: 6/11/2022 Earn up to 1.0 Credit / Point

Welcome New User. Please Provide Your Profile Information.

Please provide or update your profile information.

Email / Username

Email * For verification, type your email again *

myemail@email.org

Personal Information

Prefix First Name * M.I. Last Name *

Career

Organization Profession *

Degree * Secondary Degree

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Powered by 

- Please complete your profile by filling out all required fields and then saving it when you are done. If you do not complete and then save your information, your account will not exist and you will have to go through these steps again until you’ve successfully created an account.

To begin, please enter the following **required** information:

- First Name
- Last Name
- Profession (e.g., Physician, Nurse Anesthetist)
- [Primary] Degree (e.g., M.D., C.R.N.A)

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7. You may also wish to enter the following **optional** information:

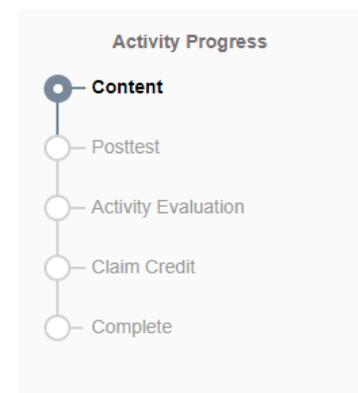
- Organization (e.g., Academic Institution, Clinic)
- Secondary Degree
- Professional Association Information: If you are a member of the American Board of Anesthesiology (ABA) and intend to claim Maintenance of Certification in Anesthesiology™ (MOCA®) points, it is recommended that you complete the following fields. This information will be transmitted automatically to the ACCME for verification of MOC points with the ABA when you select the MOCA option for applicable CME activities.
 - Professional Association (Primary): select “American Board of Anesthesiology” from the drop-down menu.
 - Professional Association Number (Primary): enter your 8-digit ABA identification number.

8. Once you’ve completed and saved your profile, you’ll progress through the activity, starting with the Educational Content.

To read the article, select “View the Content” to open the article in a new tab.

When you’ve finished reading the article, close this tab to return to OA360-CME and then select “Continue.”

If you have already read the article from the IARS.org website, you can skip this step and select “Continue.”



9. After the Content, you’ll be presented with the Posttest. You must pass the posttest with score of 80% or higher and you have an unlimited number of attempts.

If you are not ready to have the posttest scored, you can select “Save.” This will allow you to leave the posttest, return to it later, and then pick up where you left off.

If you have completed the posttest and are ready for it to be scored, select “Submit.”

You’ll be presented with your passing score, as well as a rationale and reference(s) for each question, if available.

Select “Continue” when you are ready to progress.

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10. Next, you'll be presented with a standard "Activity Evaluation."

The information gathered from this survey allows the IARS to determine whether its CME mission is being met through the activities it offers and to continuously improve these offerings.

When you have completed this survey, select "Submit" to continue.

11. Now you are ready to claim credit. You are able to claim multiple credit types from the following options:
- *AMA PRA Category 1 Credit™*
 - ABA MOC Lifelong Learning
 - ABA MOC Patient Safety

Please select all the options for which you wish to claim credit! Accrediting bodies want learners to be deliberate in the types of credits they claim. These credits are not added together for each activity; rather, they will appear in more than one category in your CME record.

For all options, please claim only the credit commensurate with the extent of your participation in the activity.

12. For *AMA PRA Category 1 Credit™*, select the "AMA PRA Category 1 Physician" option.

Credit Selection

Select one or more of the credit option(s) listed below.

 AMA PRA Category 1 Physician

IMPORTANT NOTE: You must select this option if you wish to have evidence of having earned *AMA PRA Category 1 Credit™* for this activity reflected in a certificate and in your transcript.

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13. If you are claiming MOCA points, select the “ABA MOC Lifelong Learning (CME)” option.

If the activity is also registered for Patient Safety CME and you wish to claim this credit, you will need to also select the “ABA MOC Patient Safety” option.



The screenshot shows a form with two rows. Each row has a blue checkmark in a box on the left and a label on the right. The first row is labeled 'ABA MOC Lifelong Learning (CME)' and the second row is labeled 'ABA MOC Patient Safety'. Both checkmarks are checked.

IMPORTANT NOTE: You must select both of these MOC options to claim Patient Safety credit.

If you entered your 8-digit ABA identification number in your profile, this will be reflected in the “ABA Number” field for both MOCA credit options. If you did not complete this field in your profile, you must do so here for verification of MOC points with the ABA.

14. You’ve completed the activity! You can choose to download your certificate or view your transcript now or at another time.

Note that you will also receive an email providing you with a link to download your certificate.

To return to OA360-CME at a later time, please use the following link:

<https://cme.openanesthesia360.org/attendee/mycme/mycme.jsp>

In addition to your transcripts, you’ll be able to review completed elements of activities, such as content, posttests, and activity evaluations.

Thank you for registering for an OA360-CME account and participating in the activities it offers.

If you have any questions or concerns, please contact the IARS Learner Support Team at cme@openanesthesia360.org.